

Black Seed Oil (12 fl oz)

This is the finest, truly cold-pressed, whole food black seed oil available. Not diluted with lower-quality Indian black seed, it's 100% Mediterranean/Turkish source, ideal to support a healthy heart and digestive function

Product Details

Our feature supplement for heart support is Oil of Black Seed. The oil contains a highly special compound, thymoquinone, which helps support healthy oxygenation in the heart muscle. It's a natural ubiquinone, like co-enzyme Q-10. Yet, instead of getting it synthetically, with our Oil of Black Seed you gain the benefit of all-natural whole food based ubiquinones, which have been heavily studied for their role in heart health. Plus, black seed oil is rich in healthy sterols, which have a government-issued stamp of approval as being heart-healthy. Whether in oil form or capsule for heart and arterial support, black seed oil should be on the daily regimen.

What's Inside

Black Seed Oil

Black Seed supports a healthy digestive system, immune system, cardiac processes and sleep. It also supports the overall health of the kidneys, the hormone system, and the skin due to vitamin E, sterols, sterolins, and vital omega-3s, -6s, and -9s.

Full Ingredient List

100% cold-pressed extra virgin black nigella seed oil (*Nigella sativa*)

How to Take

Take one or more teaspoons daily. Makes a tasty addition to any food such as salad, soup, or vegetables. Also add to smoothies.

FOR PETS*: Use a ½ teaspoon for small animals and one teaspoon for large animals. You can also rub it on paws and body. They will lick it off. Wonderful for skin and fur. Also supports heart, digestion and so much more. *The instructions and dosages recommended are based only on the ingredients used in North American Herb & Spice pet friendly products. Substitutes has proven dangerous, especially oregano products.

Black Seed-Plus Capsules (90 Veggie Caps)

Everyone knows that black seed is good for you, but when it is combined with brown cumin, *Rhus coriaria*, and red sour grape, it becomes super-charged. This is the most potent ground black seed supplement available.

Black Seed plus capsules are a natural source for trace minerals including iron, zinc, calcium, magnesium, and chromium. All the ingredients found in Black Seed plus are completely wild from remote, high-mountain regions. Black seed is one of the most aromatic of all wild spices. Our Black Seed plus capsules are non-irradiated and free of all chemicals and additives. It is so tasty you can open the capsule and add it to your food.

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Cumin

Both cumin spice oil and the ground whole spice are highly potent for supporting overall health. Cumin is rich in rare trace minerals, like bismuth, gold, iridium, and platinum, which support a healthy overall cellular response. This includes a healthy pancreatic and liver response and thus healthy support for the blood sugar mechanism. Oil of cumin is a germicide and also has significant anti-mold and anti-fungal properties. Cumin also supports the health of the brain and nervous system, acting as a preventive against cognitive decline.

Grape

Black Seed Gummies (60 CT)

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Yacon Root

As a prebiotic Peruvian yacon root and its extracts support a healthy digestive response and also healthy intestinal function. It also supports a healthy immune system health, healthy immunity and healthy blood sugar response. Though a natural sweetener it is reported to assist a healthy weight loss response, because of its zero glycemic index, it is also a natural source of inulin and FOS. A natural, whole food potassium source.

How to Take

Take two gummies daily with meals.

Full Ingredient List

Mediterranean-source black seed oil (*Nigella sativa*), certified organic fair trade granulated coconut blossom nectar, organic Peruvian yacon syrup, organic apple pectin, organic citric acid (from citrus fruit), organic sunflower lechitin, water, pomegranate concentrate

BLACK SEED OIL CAN BE BENEFICIAL FOR*

- Blood Sugar Support
- Circulatory System
- Digestive System

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All-Natural Benefits

Black seed oil contains key nutrients like thymoquinone that supports cardiac health, and overall arterial, lung, kidney, digestive, and immune health.*

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